



COVID-19 Vaccine

KNOW THE FACTS

Getting the facts about the COVID-19 vaccine can help you stop the spread. The summarized information below, provided by the CDC, BlueCross BlueShield and the vaccine manufacturers, can help you understand the safety of the vaccines and how they work.



How Vaccines Work

This mRNA vaccine technology has been studied for decades, helping Pfizer-BioNTech and Moderna produce a safe and effective vaccine under the most intensive safety monitoring in U.S. history.

mRNA Vaccines:

- **DO NOT** alter your DNA
- **DO NOT** contain live virus
- **DO NOT** stay in your system

More than 100,000,000 doses of the vaccines have been given in the United States. Beyond vaccines, cancer research has used mRNA to trigger the immune system to target specific cancer cells.

How Vaccines Protect

Clinical trials showed:

95%

Percentage Pfizer vaccine protected against COVID-19 infections

94.1%

Percentage Moderna's vaccine protected against COVID-19 infections

100%

Percentage both mRNA vaccines prevented of severe COVID-19 cases

0

Hospitalizations or Deaths from COVID-19, both mRNA vaccines

VACCINE	WHO CAN GET IT	# OF SHOTS	FULLY VACCINATED
Pfizer-BioNTech	16 years and older	2 shots, at least 21 days apart	2 weeks after 2nd shot
Moderna	18 years and older	2 shots, at least 28 days apart	2 weeks after 2nd shot

According to BlueCross BlueShield, no one is exempt when it comes to dealing with the burden of infectious diseases like COVID-19. If not enough people are vaccinated, COVID-19 will continue to spread. This means everyone should get vaccinated if they can.

Next Steps

- 1 Please consider getting the vaccine and contribute to our culture of safety and wellness.
- 2 Check with your local pharmacy or on the website for your state's Department of Health to see how to get one. In addition, we hope to make vaccines available on site at your work location.

You can get more information from the CDC's website:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/mrna.html>

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/safety-of-vaccines.html>

<https://www.pfizer.com/science/coronavirus>

<https://www.modernatx.com/covid19vaccine-eua/recipients/>